

2009 NPC TIM GARDNER EXTRAVAGANZA
BODYBUILDING, FITNESS, FIGURE & BIKINI CHAMPIONSHIPS

"Weekend with the IFBB Pros"

www.pbwproshow.com

SANCTION: This contest is sanctioned by the National Physique Committee (NPC) of the USA, Inc. Sanction # 10815.

TIM GARDNER EXTRAVAGANZA ELIGIBILITY: Open to all NPC competitors nationwide (Level IVA). NPC membership cards can be purchased at registration. Not eligible with an open overall victory within the same discipline of a level IVA contest or higher.

HOST HOTEL: Grand Hyatt Tampa Bay located at 2900 Bayport Drive, Tampa 33607, (813) 874.1234. Special discounted room rates @ \$129 per night. Reservation function name, IFBB PRO BODYBUILDING or reserve online @ <http://grandtampabay.hyatt.com/groupbooking/tparwbody2009>.

Please reserve early to assure availability. The Grand Hyatt Tampa Bay will also be the official host hotel for the IFBB professionals & officials.

HOST HOTEL FOOD ACCOMODATIONS: A strict and clean bodybuilding friendly menu to accommodate pre-contest food requirements has been designed by Tim Gardner and the Grand Hyatt chefs and will be available at the hotel restaurant and room service the entire weekend.

TRANSPORTATION: Athletes, judges and officials will receive free transportation to and from Tampa International Airport from the Grand Hyatt. There will also be dedicated Blue One tour buses that will shuttle the IFBB and NPC athletes on a posted August 8th schedule to and from Tampa Bay Performing Arts Center for a nominal one-way fee of \$3.

WEIGH-IN / REGISTRATION: Friday, August 7th, 12:30pm – 2:30pm @ Grand Hyatt Tampa Bay banquet meeting room. All bodybuilders must weigh in posing suits. There will not be any late entries accepted after the published deadline.

IFBB MEET THE PROS MEDIA CONFERENCE: Support your favorite IFBB Pro in the Audubon Ballroom on Friday, August 7th, 2:30pm – 4:30pm, during their registration check-in, media interviews and autograph signings. Pro Bodybuilding Weekly, "the voice of professional bodybuilding" will be hosting this event.

PREJUDGING VENUE: The Audubon Ballroom in the Grand Hyatt Tampa Bay will host the NPC Tim Gardner Extravaganza prejudging preliminaries on Friday, August 7th @ 6:30pm. These \$12 tickets will only be available at the door. There will be a mandatory competitors meeting @ 5:30pm.

EVENING FINALS VENUE: The Carol Morsani Hall in the prestigiously plush ambiance of the Tampa Bay Performing Arts Center, 1010 MacInnes Place, Tampa 33602, will be the location for the August 8th, Saturday morning IFBB Pro preliminaries and the 6pm evening finals encompassing the NPC Tim Gardner Extravaganza and the IFBB Pro Bodybuilding Weekly Championships. Saturday ticket information @ www.tbpac.org.

POST CONTEST PARTY: Celebrate in close proximity to the Grand Hyatt Tampa Bay with your favorite IFBB pros, officials, celebrities and fans at Whiskey Joe's, www.whiskeyjoestampa.com @ 7720 W. Courtney Campbell Causeway immediately following the evening finals.

AWARDS: Sculptured Neils Andersen trophies and awards will be presented. Generous gift bags and t-shirts will be given to every competitor. Overall winners will receive NPC apparel, elaborate champion prizes along with national media exposure.

CONTEST COVERAGE: Video coverage by USA Muscle & Mostmuscular.com. No camcorders will be permitted inside the contest venue. Flex Magazine, Muscle Mag, Muscular Development, American Body Plus & 24 Seven will be some of the publications on hand along with local media.

Contests photos will be professionally taken by Ian Ware of Iaje Photography.

ENTRY FEE: \$60.00 per contestant must be received by Saturday, August 1st. \$25.00 late fee will be charged until Friday, August 7th prior to beginning registration. No crossovers will be permitted.

POSING MUSIC: All routines will be held to 60 seconds. Music must be cued and burned on a dedicated CD, be aware that some CD's may not be readable on all sound equipment. Store bought CD's will not be accepted. Music will be collected at the competitors meeting before prejudging.

Choose one class only: \$60 payable to Tim Gardner DEADLINE August 1st \$25 Late Fee Only finalists will pose in the evening

OPEN MEN BODYBUILDING (5 places)

- ___ Lightweight (up to 154 ¼)
- ___ Middleweight (above 154 ¼ to 176 ¼)
- ___ Lightheavyweight (above 176 ¼ to 198 ¼)
- ___ Heavyweight (above 198 ¼)

OPEN WOMEN BODYBUILDING

- ___ One Class (3 places)

TEEN MEN BODYBUILDING

- ___ One Class (3 places)

NOVICE MEN BODYBUILDING

- ___ One Class (3 places)

MASTERS MEN OVER 50 BODYBUILDING

- ___ One Class (3 places)

MASTERS MEN OVER 40 BODYBUILDING

- ___ One Class (3 places)

OPEN WOMEN FITNESS

- ___ One Class (3 places)

OPEN WOMEN FIGURE (5 places)

- ___ Short Class ~ 5' 4" & under
- ___ Medium Class ~ above 5' 4" to 5' 6"
- ___ Tall Class ~ above 5' 6"

WOMEN OVER 40 FIGURE

- ___ One Class (3 places)

WOMEN OVER 30 FIGURE

- ___ One Class (3 places)

OPEN WOMEN BIKINI (5 places)

- ___ Short Class ~ 5' 4" & under
- ___ Tall Class ~ over 5' 4"

MASTERS WOMEN OVER 40 BODYBUILDING

- ___ One Class (3 places)

Name _____ Age _____ Ht _____ Wt _____ Tel # () _____
Address _____ Apt _____ Email address _____
City _____ St _____ Zip _____ Club / Gym _____

In consideration of your accepting this entry, I hereby intend to be legally bound, for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against Tim Gardner, the National Physique Committee of the USA, Inc., IFBB, Tampa Bay Performing Arts Center, Grand Hyatt Tampa Bay, Whiskey Joe's and their agents, representatives and assignees for any and all injuries suffered by me at said physique contest and in traveling to and from said contest. Additionally, the undersigned consents and agrees to comply with all rules and regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees to indemnify and hold harmless the NPC, IFBB and Tim Gardner from and against any damages caused by the undersigned to the Grand Hyatt Tampa Bay. Finally, the undersigned acknowledges that failure to comply with any rule or regulation of Grand Hyatt or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

SEND ALL ENTRIES & FEES TO:

Tim Gardner
3960 Premier North Drive

Tampa, FL 33618 ~ contact Tim Gardner (813) 908.7763 or visit www.pbwproshow.com

Signature _____

Parent / Guardian if minor _____

Date _____

ticket info www.tbpac.org